



# Centrum Sportu i Rekreacji w Gryfinie



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## KOMUNIKAT z I rzutu XXIV edycji Grand Prix Gryfina w Biegach Górskich

### Kategoria I – rocznik 2013-2012 (ok. 500 m)

|     |                         |      |                               | punkty        |           |          |      |           |
|-----|-------------------------|------|-------------------------------|---------------|-----------|----------|------|-----------|
|     |                         |      |                               | I rzut        | II rzut   | III rzut | suma |           |
| 1.  | <b>Drożdziel Milena</b> | 2012 | <b>SP 3 Gryfino</b>           | <b>1:42,4</b> | <b>15</b> |          |      | <b>15</b> |
| 2.  | Mizińska Oliwia         | 2012 | SP 3 Gryfino                  | 1:49,3        | 12        |          |      | 12        |
| 3.  | Świątek Zofia           | 2012 | SP 3 Gryfino / Hermes Gryfino | 1:54,0        | 10        |          |      | 10        |
| 4.  | Grzegorska Julia        | 2012 | SP 3 Gryfino                  | 1:56,2        | 8         |          |      | 8         |
| 5.  | Janicka Hanna           | 2012 | SP 3 Gryfino                  | 1:57,6        | 7         |          |      | 7         |
| 6.  | Wójcik Natalia          | 2012 | SP 3 Gryfino                  | 1:59,6        | 6         |          |      | 6         |
| 7.  | Kubaj Aleksandra        | 2013 | SP 2 Chojna                   | 2:04,0        | 5         |          |      | 5         |
| 8.  | Gorczyca Aleksandra     | 2012 | Hermes Gryfino                | 2:07,0        | 4         |          |      | 4         |
| 9.  | Trzópek Maja            | 2013 | SP 2 Chojna                   | 2:11,5        | 3         |          |      | 3         |
| 10. | Synejko Jagoda          | 2012 | Hermes Gryfino                | 2:12,2        | 2         |          |      | 2         |
| 11. | Karbowska Aleksandra    | 2012 | SP 3 Gryfino                  | 2:12,8        | 0         |          |      | 0         |
| 12. | Lisiecka Gabriela       | 2012 | SP 3 Gryfino                  | 2:13,3        | 0         |          |      | 0         |
| 13. | Wyka Malwina            | 2013 | SP 2 Chojna                   | 2:21,8        | 0         |          |      | 0         |
| 14. | Martinka Lidia          | 2012 | SP 3 Gryfino                  | 2:22,7        | 0         |          |      | 0         |
| 15. | Zioło Adrianna          | 2013 | Hermes Gryfino                | 2:24,6        | 0         |          |      | 0         |
| 16. | Soroczyńska Maria       | 2012 | Hermes Gryfino                | 2:55,6        | 0         |          |      | 0         |

#### chłopcy

|    |                           |      |                                |               |           |  |  |           |
|----|---------------------------|------|--------------------------------|---------------|-----------|--|--|-----------|
| 1. | <b>Chruściński Kacper</b> | 2014 | <b>MKP Myślibórz</b>           | <b>1:51,2</b> | <b>15</b> |  |  | <b>15</b> |
| 2. | Kępiński Jakub            | 2013 | SP 3 Myślibórz / MKP Myślibórz | 1:51,6        | 12        |  |  | 12        |
| 3. | Dąbrowski Jakub           | 2012 | SP 2 Chojna                    | 1:56,8        | 10        |  |  | 10        |
| 4. | Stelmach Filip            | 2014 | SP 2 Chojna                    | 2:01,8        | 8         |  |  | 8         |
| 5. | Jankowski Mikołaj         | 2013 | SP 3 Myślibórz / MKP Myślibórz | 2:02,0        | 7         |  |  | 7         |
| 6. | Fijałkowski Patryk        | 2013 | SP 2 Myślibórz / MKP Myślibórz | 2:02,4        | 6         |  |  | 6         |

### Kategoria II – rocznik 2011-2010 (ok. 1000 m)

#### dziewczęta

|     |                            |      |                                |               |           |  |  |           |
|-----|----------------------------|------|--------------------------------|---------------|-----------|--|--|-----------|
| 1.  | <b>Pawłaszek Katarzyna</b> | 2011 | <b>SP 51 Szczecin</b>          | <b>4:23,8</b> | <b>15</b> |  |  | <b>15</b> |
| 2.  | Komoda Zuzanna             | 2011 | SP 3 Myślibórz / MKP Myślibórz | 4:42,2        | 12        |  |  | 12        |
| 3.  | Otto Alicja                | 2011 | SP 3 Gryfino / Hermes Gryfino  | 4:46,8        | 10        |  |  | 10        |
| 4.  | Walas Hanna                | 2011 | SP 3 Szczecin                  | 5:01,0        | 8         |  |  | 8         |
| 5.  | Grzegorska Wiktoria        | 2011 | SP 3 Gryfino / Hermes Gryfino  | 5:25,6        | 7         |  |  | 7         |
| 6.  | Wyka Julia                 | 2011 | SP 2 Chojna                    | 5:29,4        | 6         |  |  | 6         |
| 7.  | Kowalska Weronika          | 2010 | SP 2 Gryfino / Hermes Gryfino  | 5:35,6        | 5         |  |  | 5         |
| 8.  | Laskowska Patrycja         | 2011 | SP 2 Chojna                    | 5:38,4        | 4         |  |  | 4         |
| 9.  | Laskowska Wiktoria         | 2011 | SP 2 Chojna                    | 6:24,6        | 3         |  |  | 3         |
| 10. | Radziusz Martyna           | 2011 | SP 2 Chojna                    | 6:26,4        | 2         |  |  | 2         |
| 11. | Skrzyniarz Karolina        | 2010 | SP 3 Gryfino / Hermes Gryfino  | 6:31,2        |           |  |  | 0         |

#### chłopcy

|    |                       |      |                                       |               |           |  |  |           |
|----|-----------------------|------|---------------------------------------|---------------|-----------|--|--|-----------|
| 1. | <b>Bogusz Kajetan</b> | 2011 | <b>SP 3 Myślibórz / MKP Myślibórz</b> | <b>4:41,2</b> | <b>15</b> |  |  | <b>15</b> |
| 2. | Chojnowski Wojciech   | 2010 | SP 2 Myślibórz / MKP Myślibórz        | 4:53,0        | 12        |  |  | 12        |
| 3. | Biernat Jakub         | 2011 | Hermes Gryfino                        | 6:03,6        | 10        |  |  | 10        |
| 4. | Duchowski Igor        | 2011 | SP 3 Gryfino                          | 6:34,8        | 8         |  |  | 8         |

### Kategoria III – młodzicy (rocznik 2009-2008)

dziewczęta (ok. 1500 m)

|    |                                |             |                                      |               |           |  |  |           |
|----|--------------------------------|-------------|--------------------------------------|---------------|-----------|--|--|-----------|
| 1. | <b>Czerniachowska Karolina</b> | <b>2008</b> | <b>SP 2 Gryfino / Hermes Gryfino</b> | <b>6:54,2</b> | <b>15</b> |  |  | <b>15</b> |
| 2. | Świeluch Tamara                | 2009        | SP 2 Chojna                          | 10:50,0       | 12        |  |  | <b>12</b> |

chłopcy (ok.. 2000 m)

|    |                         |             |                                      |               |           |  |  |           |
|----|-------------------------|-------------|--------------------------------------|---------------|-----------|--|--|-----------|
| 1. | <b>Wasilewski Karol</b> | <b>2009</b> | <b>SP 3 Gryfino / Hermes Gryfino</b> | <b>8:45,4</b> | <b>15</b> |  |  | <b>15</b> |
| 2. | Walaś Mateusz           | 2008        | SP 3 Szczecin                        | 9:03,4        | 12        |  |  | <b>12</b> |
| 3. | Kujawa Błażej           | 2009        | SP 1 Gryfino / Hermes Gryfino        | 10:19,4       | 10        |  |  | <b>10</b> |

### Kategoria IV – juniorzy młodsi (rocznik 2007-2006)

dziewczęta (ok. 2000 m)

|    |                    |             |                     |               |           |  |  |           |
|----|--------------------|-------------|---------------------|---------------|-----------|--|--|-----------|
| 1. | <b>Rak Izabela</b> | <b>2007</b> | <b>MKL Szczecin</b> | <b>9:06,6</b> | <b>15</b> |  |  | <b>15</b> |
| 2. | Lemańska Maja      | 2007        | MKL Szczecin        | 9:27,6        | 12        |  |  | <b>12</b> |
| 3. | Iwan Wiktoria      | 2007        | Hermes Gryfino      | 11:04,2       | 10        |  |  | <b>10</b> |

chłopcy (ok. 3000 m)

|    |                       |             |                     |                |           |  |  |           |
|----|-----------------------|-------------|---------------------|----------------|-----------|--|--|-----------|
| 1. | <b>Zajac Radosław</b> | <b>2006</b> | <b>MKL Szczecin</b> | <b>11:15,0</b> | <b>15</b> |  |  | <b>15</b> |
|----|-----------------------|-------------|---------------------|----------------|-----------|--|--|-----------|

### Kategoria V – juniorzy (rocznik 2005-2004)

chłopcy (ok. 3000 m)

|    |                     |             |                          |                |           |  |  |           |
|----|---------------------|-------------|--------------------------|----------------|-----------|--|--|-----------|
| 1. | <b>Sobotka Adam</b> | <b>2005</b> | <b>MLUKS Trzebieatów</b> | <b>13:06,2</b> | <b>15</b> |  |  | <b>15</b> |
|----|---------------------|-------------|--------------------------|----------------|-----------|--|--|-----------|

### Kategoria VI – OPEN

kobiety (ok. 2000 m)

|    |                       |             |                |                |           |  |  |           |
|----|-----------------------|-------------|----------------|----------------|-----------|--|--|-----------|
| 1. | <b>Gajek Patrycja</b> | <b>1988</b> | <b>Gryfino</b> | <b>13:38,2</b> | <b>15</b> |  |  | <b>15</b> |
|----|-----------------------|-------------|----------------|----------------|-----------|--|--|-----------|

mężczyźni (ok. 3000 m)

|    |                       |             |                   |                |           |  |  |           |
|----|-----------------------|-------------|-------------------|----------------|-----------|--|--|-----------|
| 1. | <b>Buras Radosław</b> | <b>1989</b> |                   | <b>13:26,2</b> | <b>15</b> |  |  | <b>15</b> |
| 2. | Pluta Grzegorz        | 1963        | KB Hermes Gryfino | 13:34,2        | 12        |  |  | <b>12</b> |
| 3. | Lemański Andrzej      | 1978        | Szczecin          | 16:24,2        | 10        |  |  | <b>10</b> |